

Table of Contents

Preface.....	iii	Visual Illusions.....	3-7
Introduction.....	v	E = External Pressures	3-9
Acknowledgments.....	vii	Chapter Summary	3-9
Table of Contents	ix	Chapter 4	
		Assessing Risk.....	4-1
		Introduction.....	4-1
		Quantifying Risk Using a Risk Matrix	4-2
		Likelihood of an Event.....	4-2
		Severity of an Event	4-2
		Mitigating Risk.....	4-4
		Chapter Summary	4-4
		Chapter 5	
		Aeronautical Decision-Making:	
		A Basic Staple.....	5-1
		Introduction.....	5-1
		History of ADM.....	5-2
		Analytical Decision-Making.....	5-3
		Automatic Decision-Making.....	5-4
		Operational Pitfalls	5-4
		Scud Running	5-6
		Get-There-Itis	5-6
		Continuing VFR into IMC	5-7
		Loss of Situational Awareness	5-8
		Flying Outside the Envelope	5-9
		3P Model.....	5-10
		Rate of Turn.....	5-10
		Radius of Turn.....	5-11
		Perceive	5-11
		Process.....	5-13
		Perform.....	5-13
		Chapter Summary	5-13

Chapter 6	
Single-Pilot	
Resource Management	6-1
Introduction.....	6-1
Recognition of Hazards.....	6-2
Use of Resources.....	6-6
Internal Resources	6-6
External Resources	6-8
SRM and the 5P Check	6-8
Plan	6-11
Plane	6-11
Pilot	6-12
Passengers	6-12
Programming	6-13
Chapter Summary	6-14
Chapter 7	
Automation.....	7-1
Introduction.....	7-1
Cockpit Automation Study	7-3
Realities of Automation	7-4
Enhanced Situational Awareness.....	7-6
Autopilot Systems.....	7-8
Familiarity	7-8
Respect for Onboard Systems	7-8
Reinforcement of Onboard Suites	7-8
Getting Beyond Rote Workmanship	7-8
Understand the Platform	7-8
Flight Management Skills	7-9
Automation Management	7-9
Information Management.....	7-9
Risk Management.....	7-10
Chapter Summary	7-10
Chapter 8	
Risk Management Training.....	8-1
Introduction.....	8-1
System Safety Flight Training	8-2
Setting Personal Minimums	8-3
Step 1—Review Weather Minimums.....	8-3
Step 2—Assess Experience and Comfort Level.....	8-3
Step 3—Consider Other Conditions.....	8-5
Step 4—Assemble and Evaluate	8-5
Step 5—Adjust for Specific Conditions	8-6
Step 6—Stick to the Plan!	8-6
Chapter Summary	8-7
Appendix A	
Personal Assessment and	
Minimums.....	A-1
Appendix B	
Sample Risk Management Scenarios.....	B-1
Appendix C	
CFIT Checklist.....	C-1
Glossary	G-1
Index	I-1